



Maximizing your impact with a gift from your IRA

Barbara Wood, VP of Development & Communications/PR



The Gift of Giving

We are so grateful that so many of you give back to Beatitudes Campus through charitable contributions to the Beatitudes Foundation. Your generosity plays a vital role in supporting our mission and enhancing the quality of life for our residents. Your contributions enable us to continue to provide an environment where everyone can thrive.

I have received several questions over the past few weeks about the best way to give back to the campus from your IRA. You want to give back, but you want to know how. What would provide the best benefit for you? Of course, only you and your tax advisor or financial advisor can answer that question.

An increasingly popular way to give from your IRA is through a qualified charitable distribution (QCD), a withdrawal from your IRA that is paid directly to a charity like Beatitudes Foundation. For those of you who hold IRAs, you know that you must take a Required Minimum Distribution (RMD)

each year beginning at age 73—even if you don't need or want the funds. The amount of the RMD is added directly

to your total taxable income and is subject to ordinary income tax. It may push you into a higher tax bracket, which can sometimes trigger higher taxes on Social Security income, and it may increase your Medicare premium surcharges.

Thankfully, you have options with a tax-smart strategy like a QCD. A QCD allows you to instruct their IRA administrator to send all or part of their annual RMD—to one or more qualifying charities, like Beatitudes Campus Foundation. The donation is a direct transfer to the charity and never passes through the hands of the IRA holder. Instead, the IRA administrator can either send an electronic transfer of funds or a check directly to the charity.

Because the IRA assets go directly to charity, you don't report QCDs as taxable income and don't owe any taxes on the QCD, even if they do not itemize



Name	Day
Robert Eslinger	28
Shelene Gottlieb.....	28
Melba Bean	29
Robert Greiner	29
Wanda Holderby....	29
Margaret Eikmeier.	30
Ann Weiss	31
Debbie Beale.....	31
Nancy Lewis	1
Carlotta Keeler.....	2
Chuck Springer	3
Patricia Spencer	3
Susi Sipos	3

Welcome to Beatitudes at Home

Patricia McKay, Director of Beatitudes at Home

Stay Safe, Stay Happy: Unlock the Comfort of Home with Our In-Home Care Solutions!



Discover the key to staying safe, staying happy, and staying right where you belong – in the comfort of your own home!

Beatitudes at Home believes that home is where your heart is, and we are dedicated to helping you unlock the comfort and security you deserve. At the heart of our services is a commitment to your safety and happiness, ensuring that you or your loved ones can enjoy the familiar surroundings of home with personalized support. From companionship to daily assistance our dedicated team is here to help enhance the quality of life, allowing you to stay safe, stay happy, and unlock the full potential of independent living. Experience the difference of compassionate care designed to meet your unique needs and bring comfort right to your home!

Continued on back...

BEATITUDES AT HOME

Need a little help?

- Laundry assistance?
- Pet walking/care?
- Med reminders?
- Daily care?

Call Us Today
602-544-8527
602-544-8529

AROUND THE BLOCK SHUTTLE

PROVIDED BY THE BEATITUDES FOUNDATION

Monday—Friday, 8:30AM—7:00PM
 Call x15007 for a ride (or 602-544-5007).

SUN 28	MON 29	TUES 30	WED 31	THU 1	FRI 2	SAT 3	
<p>9:00AM: BUS RIDE TO ORANGEWOOD PRESBYTERIAN CHURCH (OC) Please call X12905 to reserve your seat.</p> <p>9:00AM: BUS TO OUR SAVIOR'S LUTHERAN CHURCH (OC) Please call X12905 to reserve your seat.</p> <p>9:00AM: CATHOLIC MASS (LC) Join Priests from Casa Santa Cruz and our Catholic Community for Sunday Mass.</p> <p>10:00AM: BUS RIDE TO CHURCH OF THE BEATITUDES (OC) Please call X12905 to reserve your seat.</p> <p>10:30AM: UNITARIAN UNIVERSALIST WORSHIP (PC) Join the members of UU for a live stream service every Sunday.</p> <p>1:00PM: BINGO WITH TED (PVL) Join us for this game of chance. Free - Limit 2 cards</p> <p>3:00PM: SUNDAY WORSHIP SERVICE (LC) Join with Chaplain Peggy and various guest preachers, for this non-denominational Christian service. *All are welcome.*</p>	<p>6:30AM: WALKING GROUP (CM) Join us for a daily refreshing morning walk! The resident led gathering meets 6 days a week just outside of the Bistro.</p> <p>9AM: TRADER JOE'S/ WHOLE FOODS (OC) Please call X12905 for reservations, 5 person minimum.</p> <p>9AM: SIT & BE FIT (RC)</p> <p>9AM: WATER AEROBICS WITH MIKE (PL)</p> <p>9:30AM: LLL SPANISH FOR BEGINNERS (AGR) Registration is required.</p> <p>10AM: BIBLE TALK (PN3) Join residents for some Biblical discussions. Call Barbara Lambert with questions at x15206.</p> <p>10:30AM: COLOR AND CHAT (AG5) All are welcome!</p> <p>11AM: LLL INTERMEDIATE SPANISH (AGR) Must be registered.</p> <p>11AM: OPEN FITNESS SPECIALIST HOUR (FC)</p> <p>12PM: GROOVYTEK (LIB) Monday - Friday Noon- 2p at the desk & Appointments 2p- 5p</p> <p>1PM: L2 STRENGTH & BALANCE WITH MIKE (RC)</p> <p>1PM: LIFE JOURNEY SUPPORT GROUP (PVL) Join us every Monday for a peer support group for Campus residents where we share the ups and downs of life as we transition through the aging process. All are welcome.</p> <p>1:30PM: POKER (PC) Play some poker with us, everyone welcome!</p> <p>2PM: BASKETBALL BOUNCE (RC) Good for all levels of mobility. Join us and try it! Call Dean & Bonnie at x15461 with questions. Just show up Mondays at 2 pm.</p> <p>3PM: AA OPEN MEETING (AG2) This open fellowship Alcoholics Anonymous meeting is available to all, even if you are just wondering what it is all about.</p> <p>6:30PM: IRENE B'S BIBLE STUDY (RC) Join resident, Joe Miller, as he leads this Bible Study.</p>	<p>6:30AM: WALKING GROUP (CM) Join us for a daily refreshing morning walk! The resident led gathering meets 6 days a week just outside of the Bistro.</p> <p>7:30AM: BACKSTREET BOUTIQUE SALE (TS) Furniture 50% off. Everything else 75% off. We now accept credit cards. Call x18463 for transportation or to schedule donation pickup. Open 7:30 - noon. LAST DAY OPEN UNTIL SEPT. 3RD!!!</p> <p>9AM: CHEN STYLE TAIJI PRACTICAL METHOD FORM WITH ALBERT (RC)</p> <p>9AM: OPEN FITNESS SPECIALIST HOUR (FC)</p> <p>9AM: WATER AEROBICS WITH CAROLE (PL)</p> <p>9AM: BMO HARRIS BANK (TP) BMO has a representative on site Tuesday and Thursday until 11 am.</p> <p>10AM: THE FREE THINKERS CIRCLE (AC) Join us for some interesting discussions. Contact Mark Pelkey for details at x15586.</p> <p>10AM: WII BOWLING (PVL) Players mimic the motions of bowling using a remote control and the big screen TV. Try it!</p> <p>10:45AM: L1 CHAIR YOGA (RC)</p> <p>11AM: OLIVE GARDEN (OC) Join us for an Italian Lunch. Call XT 12905 to reserve your space on the bus.</p> <p>11:45AM: LEVEL 2 STRENGTH & BALANCE WITH MIKE (PVL)</p> <p>12PM: GROOVYTEK (LIB) Monday - Friday Noon- 2p at the desk & Appointments 2p- 5p</p> <p>1PM: L3 CORE & CONDITIONING (RC)</p> <p>2PM: BE INFORMED WITH MICHELLE & DAVID (TV2)</p> <p>2 PM: BINGO (PVL) Free Bingo - 2 card limit - Join us!</p> <p>2PM: DARTS (RC)</p> <p>4 PM: PLAZA CLUB HAPPY HOUR (PC)</p>	<p>6:30AM: WALKING GROUP (CM) Join us for a daily refreshing morning walk! The resident led gathering meets 6 days a week just outside of the Bistro.</p> <p>8AM: FRY'S SHOPPING (OC) Get your grocery shopping done! Call x12905, and leave your name, for a seat on the bus. 5 person minimum</p> <p>8AM: BILLET PODIATRY-DR. SHEENA (WC) Call 480-661-6061 to schedule your appointment.</p> <p>8AM: WELLNESS-BETTER HEARING (WC) By appointment only, dial 602-765-7800 to schedule.</p> <p>9AM: L1 MORNING MOTIONS (PVL) All Residents Welcome</p> <p>9AM: SIT & BE FIT (RC)</p> <p>9AM: WATER AEROBICS WITH CAROLE (PL)</p> <p>9AM: CREATIVE CORNER OPEN HOURS (AG5)</p> <p>10AM: ASSISTED POOL EXERCISE (PL) Don't let mobility limitations keep you out of the water. Carole will help you into the water and make sure you are safe during your activity.</p> <p>10:45AM: SAFEWAY SHOPPING (OC) Please call x12905 in advance, and leave your name, to reserve your seat on the bus. 5 person minimum</p> <p>11:30AM: CHRISTMAS MOVIE AND PIE (LC) Join us for a Fifth Wednesday event! Eat lots of Pie starting at 11:30 and enjoy a Christmas Movie at noon guaranteed to cool you down on a hot day! Christmas with the Kranks! Trailer on Ch 1-2 Tickets \$2.00 in the Bistro!</p> <p>12PM: GROOVYTEK (LIB) Monday - Friday Noon- 2p at the desk & Appointments 2p- 5p</p> <p>1PM: L2 STRENGTH & BALANCE WITH MIKE (RC)</p> <p>1PM: L3 SENIOR STRENGTH TRAINING (FC)</p> <p>4 PM: CAHOOTS BINGO (PC)</p> <p>6PM: BEADED LIZARD MUSIC JAM (LC) We'll start with a jam at 6 PM followed by the showcase act that begins at 7:00 pm. Poor Lazarus performs.</p>	<p>6:30AM: WALKING GROUP (CM)</p> <p>8AM-5PM: FILTER DAY (BC) Please be advised, Maintenance Technicians will be in all residential buildings: Central Park North, Central Park South, Central Park West, Plaza South, Plaza North, Plaza View & Care Center. They will be changed between 8a.m. - 5p.m. Due to the size of this task, Maintenance is unable to provide a specific time for the filter change. If you would like to be home when Maintenance changes your air filter, please adjust your schedule accordingly.</p> <p>9AM: OPEN FITNESS SPECIALIST HOUR (FC)</p> <p>9AM: WATER AEROBICS WITH MIKE (PL)</p> <p>9AM: BMO HARRIS BANK (TP) Join Chaplain Peggy for our non-denominational worship service in Plaza View Lounge. All are welcome to receive communion.</p> <p>10AM: PINOCHLE CARDS (CPW3)</p> <p>10:15AM: LIFE ENRICHMENT COMMITTEE (AC) Join us in planning events for the next two months. Museums, lunch outings, casino, street fairs, picnics, tours, dining events, and much more. Open to all. Every first Thursday @ 10:15am</p> <p>10:45AM: L1 CHAIR YOGA (RC)</p> <p>11AM: MID-WEEK LC WORSHIP (LC) Join Chaplain Peggy in the Life Center for our non-denominational service.</p> <p>11AM: LOS ANDES PERUVIAN CAFE (OC) Join us for an exotic lunch of Peruvian food. Call XT 12905 to reserve your spot on the bus.</p> <p>11:30AM: HEALTH & BRAIN GAMES WITH MIKE (PC)</p> <p>12PM: GROOVYTEK (LIB) Monday - Friday Noon- 2p at the desk & Appointments 2p- 5p</p> <p>1PM: L3 CORE & CONDITIONING (RC)</p> <p>1PM: NO SING ALONG (PVL) On Break</p> <p>2:30PM: YOGA FOR YOU (RC)</p> <p>2:30PM: HAPPY HOUR (PVL)</p> <p>3PM: AA OPEN MEETING (HCC3)</p> <p>4PM: ON THE ROCKS HAPPY HOUR (PC)</p>	<p>6:30AM: WALKING GROUP (CM) Join us for a daily refreshing morning walk! The resident led gathering meets 6 days a week just outside of the Bistro.</p> <p>BACKSTREET BOUTIQUE SALE (TS) Closed till September 3</p> <p>8AM: UNIQUE LAB SERVICES (WC) Call 480-765-2677 to register in advance.</p> <p>9AM: FRY'S SHOPPING (OC) Please call X12905 for reservations, 5 person minimum.</p> <p>9AM: L1 MORNING MOTIONS (PVL) All Residents Welcome</p> <p>9AM: WATER AEROBICS WITH CAROLE (PL)</p> <p>9:30AM: Nonfiction Book Club (No meeting in August)</p> <p>10AM: ASSISTED POOL EXERCISE (PL)</p> <p>10AM: CHEN STYLE TAIJI PRACTICAL METHOD FORM WITH ALBERT (RC)</p> <p>10:30AM: SKETCH TOGETHER (AG5) Please join us!</p> <p>11AM: COMPETITIVE TABLE TENNIS (RC) Friendly Games of (Pickup) Ping Pong. Walk-ins Welcome Singles &/or Doubles Games</p> <p>11:45AM: LEVEL 2 STRENGTH & BALANCE WITH MIKE (PVL)</p> <p>12PM: GROOVYTEK (LIB) Monday - Friday Noon- 2p at the desk & Appointments 2p- 5p</p> <p>1PM: LINE DANCING WITH CAROLE L1 & L2 (RC)</p> <p>1PM: SCIENCE AND SPIRITUALITY (AC) Contact Mark Pelkey at 15586 for details.</p> <p>1:15PM: SYMPHONIC MUSIC WITH BRUCE PULK (PC) Join us for an hour of listening and learning about Symphonic Music.</p> <p>2PM: BINGO! (PVL) Everyone is welcome! .30 cents a card - 4 card limit</p> <p>2PM: L3 SENIOR STRENGTH TRAINING (FC)</p> <p>2PM: DARTS (RC) Join us in a few games! If you need additional information call Donna Ellis at x15564.</p> <p>4PM: ON THE ROCKS HAPPY HOUR (PC)</p>	<p>6:30AM: WALKING GROUP (CM)</p> <p>8AM: "FIRST SATURDAY" COMMUNITY GARDEN DAY (CG)</p> <p>9AM: HANDMADE BOXES WITH DONNA (AG5) Call X15564 to reserve your space. Class size is limited.</p> <p>9AM: SIT & BE FIT (RC)</p> <p>9AM: WATER AEROBICS WITH CAROLE (PL)</p> <p>10AM: L3 CORE & CONDITIONING (RC)</p> <p>10AM: BINGO WITH TED (PVL)</p> <p>11AM: YOGA FOR YOU (RC)</p> <p>1PM: OPEN FITNESS SPECIALIST HOUR (FC)</p> <p>1PM: RESIDENT VS ROBOT TABLE TENNIS (RC)</p> <p>LET'S GO TO THE MOVIES (OC) Join Jonathan as he takes you to Harkins Theater!! Time: TBD Call Xt 18589 to save your spot.</p> <p>2:30PM: COME PLAY CHESS (PC) Every Saturday 2:30-3:30 Join us in the Bistro Plaza Club Lounge to play chess, or learn to play chess. Refreshments served.</p> <p>4PM: HAPPY HOUR MUSIC (PB)</p>	
<p>Gift Shop Opens at 8a.m. Mon-Fri</p>			<p>Studio with David is on an Aug. Break</p>	<p>LEGEND KEY: (BC) Entire Campus (AC) Admin. Conf. Room (AG#) Agelink Room # (AGR) Agelink Great Room (TS) Backstreet Boutique (BR) Boardrooms (BG) Buckwald's Arizona Grille (TV2) Channel 1-2</p>	<p>(CG) Community Garden (CM) Central Park Mall (CPW3) Central Park West 3rd Floor (EF) Elaine's Fine Dining (EP) Elaine's Patio (FC) Fitness Center (FL) Fireside Lobby (GS) Gift Shop (LB) Library (LOT) Large Fountain</p>	<p>Parking (LC) Life Center (OC) Off Campus (PB) Plaza Bistro (PC) Plaza Club (PVL) Plaza View Lounge (PL) Pool (RC) Recreation Center (RG) Rose Garden (WC) Wellness Center</p>	<p>July is Disability Pride Month</p>

Scan Me:

Events/Programs

WEEKLY AGENDA: JULY 28 — AUG 3



Dietitian's Dish

JULY 28 — AUGUST 4 • 2024

TOWN PLAZA BISTRO

Breakfast: Sun 7a-11:30a Mon-Sat 7a-10:30a
Lunch/Dinner: Sun 11:30a-7p Mon-Sat 10:30a-7p
Contact Us: (602)-336-2908

WEEKLY SPECIALS	MONDAY 29	TUESDAY 30	WEDNESDAY 31
Compote: Caramelized Banana (75c) Breakfast Special: Breakfast Burrito (530c) B-Creative Station: Calzone Bar (464c)	Soup: Vegetable Tortellini (164c/218c) Entrée: Salmon Croquettes with Lemon Dill Sauce & Side Salad (508c)	Soup: Chicken Poblano (243c/342c) Entrée: Sesame Chicken with Turmeric Rice (617c)	Soup: Beer Cheese (140c/186c) Entrée: Cornish Hen with Roasted Fingerling Potatoes (670c)
THURSDAY 1	FRIDAY 2	SATURDAY 3	SUNDAY 4
Soup: Cream of Cauliflower (201c/268c) Entrée: Spaghetti & Meatballs (744c)	Soup: Cajun Crab (174c/232c) Entrée: Pork Schnitzel with Hot Potato Salad (560c)	Soup: Broccoli & Cheddar (256c/341c) Entrée: Chinese Beef & Broccoli with White Rice (528c)	Soup: Thai Chicken Cabbage (171c/228c) Entrée: Chicken & Dumplings (683c)



Nutrigenomics Benefits

- Unique and personalized nutrition recommendations based on your DNA
- Insight on cardiometabolic factors that can influence your health
- Exercise requirements and injury risks based on physical activity and lifestyle
- Impact and necessity of specific vitamin and mineral consumption

Nutrition for YOU

The relationship between nutrition and longevity is a continuing trend studied by researchers. The rise in popularity of Nutrigenomics, also known as nutritional genomics, is the relationship between nutrition, health and personal genes.

Society is showing interest to a personalized approach to nutrition and how DNA can influence overall health and wellness. The results of DNA testing are providing a more effective way for consumers to manage nutrition and lifestyle changes.

The science requires a DNA sample that is tested to provide personalized insights on food allergens, food intolerances, physical activity, cardiometabolic health, injury risks, eating habits, and specific vitamin and mineral requirements.

After the sample is processed, a report customized to the individual is generated. The report is interpreted and communicated to the recipient by a Registered Dietitian. The results provide a detailed overview supporting how one can modify their lifestyle for maximum health benefits.



THURSDAY & FRIDAY
4:00p-7:00p
Reservations begin at 9:00 a.m. on Sunday by calling x12908 or by coming into the Bistro
THURS 1 & FRI 2

Soup: Italian Sausage (395c)
Italian Sausage, Anchovy Filets, Fennel & Chickpeas

Entrée: Duck Breast (725c)
Duck with Apricot Chutney & Herbed Risotto 15.99

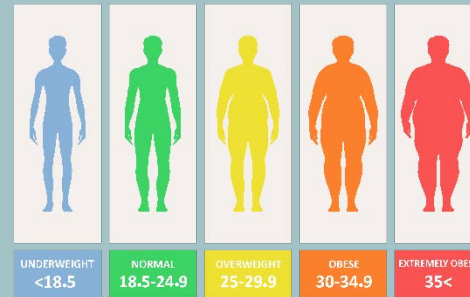
BUCKWALD'S ARIZONA GRILLE

WEDNESDAY - SATURDAY
4:00p-7:00p
Reservations/Pick-up/Delivery \$4.00
Call x16130

WEDNESDAY 31	THURSDAY 1	FRIDAY 2	SATURDAY 3
Soup: Mesquite Corn Chowder (192c/288c) Entrée: Cod with Tomato Olive Jam (375c)	Soup: Navy Bean (255c/383c) Entrée: Pecan & Apple Crusted Pork Chops (400c)	Soup: Cream of Spinach (260c/390c) Entrée: Crusted Pollock (415c)	Soup: Turkey Noodle (149c/224c) Entrée: Beef Pot Roast (312c)

Mystified by BMI?

BODY MASS INDEX



Body Mass Index has historically been considered a major component in determining the health status of individuals. However, it does not account for sex, race, gender, ethnic groups, or age, all of which are important factors supporting a personalized health plan.

In 2023, the American Medical Association (AMA) recognized the insignificance of BMI as a sole indicator of determining health. Due to the limitations, evidence suggests using BMI in addition to other risk factors in determining health status of individuals. Additional validated risk factors include, but are not limited to, measurements of visceral fat, body adiposity index, body composition, waist circumference, relative fat mass, and genetic/metabolic factors.



Eating for Your DNA

- Fat Taste perception, gene CD36, directs preference of fatty foods, and higher intake of fatty foods correlates with cardiometabolic health
- Sugar Preference, gene GLUT2, specifies if you have a preferred taste to consume high sugar foods, which can be linked to obesity and dental cavities
- MC4R, the gene for eating between meals, shows a correlation between risk variants and likeliness of eating between meals and hunger cues
- BDNF, the gene signifying preference of exercise; certain variants indicate enjoyment and motivation stemming from physical exercise
- If you possess certain variants of gene ACTN3, relating to muscle damage, you might be more susceptible to injury after a strenuous workout
- WNT16 gene reflects bone mass and certain variants involve a greater risk of low bone mass density and increase risk of fracture
- Gluten sensitivity is referenced by gene HLA; certain variant algorithms are measured to review risk for intolerance
- The ADORA2A gene is directly related to caffeine, highlighting the effects of caffeine consumption and behaviors

July 2024

The Rumors Around Dining Services

Joe Kane, General Manager of Dining Services

I just want to take a moment and provide some clarity on rumors I am hearing from several of you.



1. I am not leaving. We have reorganized the department; I have been promoted to General Manager of Dining Services and we will be hiring a new Director of Dining Services. He starts on Monday July 29th and his name is Rick Jenkins. Of course, we will make sure to get him out and about to meet all of you.
2. Randy Barnett is leaving us to take on a new role within Morrison Living. His last day is Saturday July 27th. We wish him well in his new endeavor. Taking Randy's place temporarily will be Alexia Valle Robles our Dining Room Manager. She is familiar with all of our events and set ups and will do a great job in the interim. I have asked Alexia to take over for about three months until we settle on the new Catering Manager.

Campus Kudos!!!

Employee Appreciation Committee

Kudos to Renata Bresic, Dave Tague and Matt Hinsley of Maintenance Services.

On a day where the temperature reached 109 degrees, I found myself with no air conditioning. I called first thing in the morning and spoke to Renata. In her normal gracious way, she took down my information and reassured me that she would get someone out as soon as possible. Later, there was a knock on my door and there was the reassuring and friendly face of Dave Tague, who I discovered has only been with us for two months. He quickly went to work and confirmed there was a problem. He explained that he is still learning how our units work for each apartment and needed to call for his supervisor to assist. Matt Hinsley arrived within 10 minutes who quickly isolated the problem and shared with Dave what the problem was and how to fix it. Matt then took the time to explain the problem to me and assured me that Dave had it under control and I would soon have air conditioning, and I did.

Kudos to Renata, Dave and Matt for a job well done. I am truly appreciative to all of them and I feel we are lucky to have such people to assist us.

Susan Olson
CPS



Introducing Crave QR Codes!!!

Have you ever seen those square boxes with lots of squares inside and big squares on three corners? Those are called QR codes, which stands for Quick Response. They are like bar codes, but more advanced. To use a QR code, simply point your camera at it until a link appears. Tap on the link to access the content behind the code.

For example, please notice the QR codes appearing below this article. We are introducing QR codes for viewing all of the Standard Beatitudes menus in print, or for listening to them using an AI (artificial intelligence) voice.

Now, you may be wondering how this applies to you, as a Beatitudes Resident. Well, Life Enrichment has created QR codes for various purposes such as reading the Roadrunner, listening to menus, viewing activities, and providing feedback on restaurant services. You will start to see these codes appear in many places.



Crave Menus



All Standard Menus



Embrace the new technology of the new millennium!

We Remember



Gordon Williams
April 22, 1932 —
July 20, 2024
Health Care Center

Maximizing your impact with a gift from your IRA—continued

deductions. Some donors may also find that QCDs provide greater tax savings than cash donations for which charitable tax deductions are claimed.

In addition, because QCDs reduce the balance of the IRA, they may reduce required minimum distributions in future years. QCDs are also not counted toward the maximum amounts deductible for those who itemize their giving on their taxes. For these reasons, a QCD can potentially enable you to give a bigger charitable gift than they could if you just donated cash or other

assets.

QCDs are not for everyone, but they can provide potential benefits. They can be a good option in the right circumstances, but they may not be the best charitable giving strategy for everyone. As with all your charitable giving and estate planning, please consult with a tax professional, your financial advisor or your IRA administrator. I am also here to help get you started – just give me a call at ext. 16136.

Welcome to Beatitudes at Home—continued

Call us at 602-544-8527 for more information about our services and pricing. Our office hours are from Monday-Friday from 8a.m. – 5p.m. You can also visit us in person located in the Plaza View building.



BEATITUDES CAMPUS MISSION STATEMENT

Inspiring purpose and vibrancy in life's journey. Live Brightly, Age Boldly.

VISION STATEMENT

To foster an innovative community where people meet purpose and aging is transformed.

**LIVE BRIGHTLY,
AGE BOLDLY.**

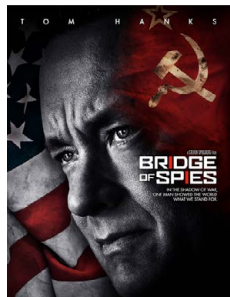
**PRAYER REQUESTS,
X15186
DIAL-A-PRAYER,
X15187**

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602.995.2611

Content Submissions:
www.bcampus.org/rr

Beatitudes Campus is a Life Plan Community and a not-for-profit ministry founded by Church of the Beatitudes

SEVENTH ANNUAL FILM FESTIVAL



**CURTAIN GOING UP!
SEVENTH ANNUAL
FILM FESTIVAL**

PRESENTED BY

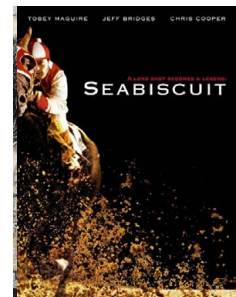
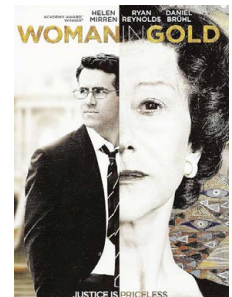
**LLL BEATITUDES CENTER OF
LIFELONG LEARNERS**

TWO FREE FILMS DAILY

IN THE

**EVERETT LUTHER
LIFE CENTER**

**Optional Noon lunch for \$9.95 purchased
IN ADVANCE in the Bistro**



FRIDAY, AUGUST 16TH

9:30AM—FOREST GUMP
1:00PM—BRIDGE OF SPIES

SATURDAY, AUGUST 17TH

9:30AM—WOMAN OF GOLD
1:00PM—SEABISCUIT