



And Now an Article About Politics

Scott Appel, VP of Sales & Marketing Strategy

If you read that headline and immediately thought, "No! Please no!" I'd have to say I concur. Just like so many of us, I too grow increasingly tired of the negative political landscape; including the myriad of he-said, she-said, mud-slinging ads that invade our lives. Rather than turn the channel or the page, I turn my focus toward evaluating them based on my passion and love of marketing. Specifically, I love critiquing a candidate's ubiquitous, ever-present, political signs.

To me, the political sign embodies two of the most important roles in a political campaign. The first of these roles is name recall/recognition. As I've mentioned in many articles, part of our marketing strategy is to build brand recognition of Beatitudes Campus. This recognition is best built through consistent and recurring messages. Just like it helps us if a prospective resident has heard about Beatitudes Campus, a candidate is helped significantly if their name is recalled on election day.

Political candidates have a very short time to build their name awareness with the voting population. The political sign allows them to, almost literally,

Greatness is in the Details

post their name on every street corner you happen upon in your day. This helps them boost their name recall and recognition – and of course that is only if "their" sign is seen amongst the landscape of competing messages. Which brings us to the second important roll of the political sign – the campaign "brand."

The look and feel of each sign almost always helps you see deeper into their campaign, and understand what their campaign is about; who they are; and what they want you to associate with their name. Using color as a very simple example, red and blue are almost always used to align with democrat and republican. If you're running a national campaign (e.g. Senator or Congresswoman/Congressman) you'll almost always see some sort of American Flag type-graphic or design nod. The looks and feels they try to incorporate help to inform their political brand.

These same look and feel principles go with how we seek to inform the Beatitudes Campus brand. We continue

Continued on back...

Welcome to Beatitudes at Home

Patricia McKay, Director of Beatitudes at Home

Home Sweet Home: Elevate Your Living Experience with our non-medical In-Home Care!

Welcome to a world where comfort, companionship, and care converge seamlessly at your doorstep! Beatitudes at Home understands the importance of feeling safe and supported in the place you call home. That's why we are so thrilled in being able to offer these services to our residents, designed to enhance your quality of life while preserving your independence and enjoying more of what the campus has to offer. Whether it is assistance with daily tasks/chores, friendly companionship, pet care, or simply a helping hand our dedicated caregiver team is here to cater to your unique needs. Let us help you ease some of those

Continued on back...



Name	Day
Bill Kinnerup	14
Dolores Ames.....	14
Donna Little	15
June Spencer.....	16
Margie Galiene.....	16
Melodee Singer	16
William Graham	16
Richard Senopole	17
Bill McGrue	18
Dan Sagramoso	18
JoAnn Garvin.....	18
Terence Ball	18

BEATITUDES
AT HOME

Need a little help?

- Laundry assistance?
- Pet walking/care?
- Med reminders?
- Daily care?

Call Us Today
602-544-8527
602-544-8529



SUN 14	MON 15	TUES 16	WED 17	THU 18	FRI 19	SAT 20
<p>9:00AM: BUS RIDE TO ORANGEWOOD PRESBYTERIAN CHURCH (OC) Please call X12905 to reserve your seat.</p> <p>9:00AM: BUS TO OUR SAVIOR'S LUTHERAN CHURCH (OC) Please call X12905 to reserve your seat.</p> <p>9:00AM: CATHOLIC MASS (LC) Join Priests from Casa Santa Cruz and our Catholic Community for Sunday Mass.</p> <p>10:00AM: BUS RIDE TO CHURCH OF THE BEATITUDES (OC) Please call X12905 to reserve your seat.</p> <p>10:30AM: UNITARIAN UNIVERSALIST WORSHIP (PC) Join the members of UU for a live stream service every Sunday.</p> <p>1:00PM: BINGO WITH TED (PVL) Join us for this game of chance. Free - Limit 2 cards</p> <p>3:00PM: SUNDAY WORSHIP SERVICE (LC) Join with Chaplain Peggy and various guest preachers, for this non-denominational Christian service. *All are welcome.*</p>	<p>6:30AM: WALKING GROUP (CM) Join us for a daily refreshing morning walk! The resident led gathering meets 6 days a week just outside of the Bistro.</p> <p>9AM: DOLLAR TREE/GOODWILL (OC) Please call X12905 for reservations, 5 person minimum.</p> <p>9AM: SIT & BE FIT (RC)</p> <p>9AM: WATER AEROBICS WITH MIKE (PL)</p> <p>9:30AM: LLL SPANISH FOR BEGINNERS (AGR) Registration is required.</p> <p>10AM: BIBLE TALK (PN3) Join residents for some Biblical discussions. Call Barbara Lambert with questions at x15206.</p> <p>10:30AM: COLOR AND CHAT (AG5)</p> <p>11AM: LLL INTERMEDIATE SPANISH (AGR) Registration is required.</p> <p>11AM: OPEN FITNESS SPECIALIST HOUR (FC)</p> <p>12PM: GROOVYTEK (LIB) Monday - Friday 12:00p - 5:00p</p> <p>1PM: L2 STRENGTH & BALANCE WITH MIKE (RC)</p> <p>1PM: LIFE JOURNEY SUPPORT GROUP (PVL) All are welcome.</p> <p>1:30PM: POKER (PC) Play some poker with us, everyone welcome!</p> <p>2PM: PILATES (AG2)</p> <p>2PM: BASKETBALL BOUNCE (RC)</p> <p>3PM: AA OPEN MEETING (AG2) This open fellowship Alcoholics Anonymous meeting is available to all, even if you are just wondering what it is all about.</p> <p>6:30PM: IRENE B'S BIBLE STUDY (RC) Join resident, Joe Miller, as he leads this Bible Study.</p>	<p>6:30AM: WALKING GROUP (CM) Join us for a daily refreshing morning walk! The resident led gathering meets 6 days a week just outside of the Bistro.</p> <p>7:30AM: BACKSTREET BOUTIQUE SALE (TS) Clothing and shoes 75% off; storewide 25% off We now accept credit cards. Call x18463 for transportation or to schedule donation pickup. Open 7:30 - noon Tu & Fri.</p> <p>9AM: CHEN STYLE TAIJI PRACTICAL METHOD FORM WITH ALBERT (RC)</p> <p>9AM: OPEN FITNESS SPECIALIST HOUR (FC)</p> <p>9AM: WATER AEROBICS WITH CAROLE (PL)</p> <p>9AM: BMO HARRIS BANK (TP)</p> <p>10AM: THE FREE THINKERS CIRCLE (AC)</p> <p>10AM: WII BOWLING (PVL)</p> <p>10:45AM: L1 CHAIR YOGA (RC)</p> <p>11:45AM: LEVEL 2 STRENGTH & BALANCE WITH MIKE (PVL)</p> <p>12PM: IN HOUSE MOVIE AND LUNCH (LC) Too hot for you to go on an outing? Join us for an In House movie and optional sandwich buffet. Lunch Tickets \$5.00 in the Bistro. Movie: Oscar nominated comedy The Holdovers starts at 1pm You do not need a ticket if you are not having Lunch Buffet</p> <p>12PM: GROOVYTEK (LIB) Monday - Friday 12:00p - 5:00p</p> <p>1PM: L3 CORE & CONDITIONING (RC)</p> <p>2PM: ALTERATIONS WITH MARY JO (RC) Call XT 18473 if you have questions.</p> <p>2PM: BE INFORMED WITH MICHELLE & DAVID (TV2)</p> <p>2PM: BINGO (PVL) Free Bingo - 2 card limit - Join us!</p> <p>2PM: DARTS (RC) Join us in a few games! If you need additional information call Donna Ellis at x15564.</p> <p>3PM: CHOIR PRACTICE (LC) Call x18465 with any questions.</p> <p>4PM: PLAZA CLUB HAPPY HOUR (PC)</p>	<p>6:30AM: WALKING GROUP (CM)</p> <p>8AM: BILLET PODIATRY-DR. SHEENA (WC) Call 480-661-6061 to schedule your appointment.</p> <p>8AM: WELLNESS-BETTER HEARING (WC) By appointment only, dial 602-765-7800 to schedule.</p> <p>9AM: FRY'S SHOPPING (OC)</p> <p>9AM: L1 MORNING MOTIONS (PVL) All Residents Welcome</p> <p>9AM: SIT & BE FIT (RC)</p> <p>9AM: WATER AEROBICS WITH CAROLE (PL)</p> <p>9AM: CREATIVE CORNER OPEN HOURS (AG5)</p> <p>10AM: ASSISTED POOL EXERCISE (PL)</p> <p>10AM: BIBLE STUDY (BR) Join Chaplain Peggy for a study on Jesus' Sermon on the Mount from the Gospel of Matthew chapters 5-7.</p> <p>10AM: COMMUNITY GARDEN MEETING (AG3) Community Garden Meetings are the 3rd Wednesday of the month at 10:00 a.m. Any changes in date or time will be announced prior to the meeting day.</p> <p>10:45AM: SAFEWAY SHOPPING (OC)</p> <p>12PM: GROOVYTEK (LIB) Monday - Friday 12:00p - 5:00p</p> <p>1PM: L2 STRENGTH & BALANCE WITH MIKE (RC)</p> <p>1PM: L3 SENIOR STRENGTH TRAINING (FC)</p> <p>1PM: LOW VISION SUPPORT GROUP (PVL) Please call Mark Pelkey at 15586 with questions</p> <p>1PM: NEWCOMERS MEETING WITH JACKIE (PV3) Join Jackie Fuller, Life Enrichment Specialist for a question & answer session.</p> <p>1PM: SKIN CARE AND AWARENESS IN AGING (LC) Rise and Shine Beatitudes. The Curana team will be presenting great information on skin care and awareness. Come learn more about your skin and risks associated with the sun. Get answers to your questions.</p> <p>2PM: SUNDAES WITH DAVE (PB) Come join us to chat with department leadership while enjoying free ice cream sundaes! Team leaders attend from 2-3 PM and sundaes are available until 4.</p> <p>4:00PM: CAHOOTS BINGO (PC)</p> <p>6PM: BEADED LIZARD MUSIC JAM (LC)</p>	<p>6:30AM: WALKING GROUP (CM) Join us for a daily refreshing morning walk!</p> <p>9AM: OPEN FITNESS SPECIALIST HOUR (FC)</p> <p>9AM: THE STUDIO WITH DAVID RAGAN (AGR)</p> <p>9AM: WATER AEROBICS WITH MIKE (PL)</p> <p>9AM: BMO HARRIS BANK (TP) BMO has a representative on site Tuesday and Thursday until 11 am.</p> <p>10AM: MID-WEEK PV WORSHIP (PVL) Join Chaplain Peggy for our Thursday morning non-denominational worship service in Plaza View Lounge. All are welcome to receive communion.</p> <p>10AM: PINOCHLE CARDS (CPW3) Join us or call Arnie Anderson x14311.</p> <p>10:45AM: L1 CHAIR YOGA (RC)</p> <p>11AM: MID-WEEK LC WORSHIP (LC) Join Chaplain Peggy in the Life Center for our non-denominational service. All are welcome to receive communion.</p> <p>11AM: VALLE LUNA MEXICAN (OC) Please call X12905 for reservations, 5 person minimum.</p> <p>11:30AM: EPISCOPAL SERVICE (EF) Join the Priest from All Saints' Church for a weekday service. Every 3rd Thursday of the month.</p> <p>11:30AM: HEALTH & BRAIN GAMES WITH MIKE (PC)</p> <p>12PM: GROOVYTEK (LIB) Monday - Friday 12:00p - 5:00p</p> <p>1PM: EYES ON SITE (WC) Call 480-626-8925 to schedule appointment.</p> <p>1PM: L3 CORE & CONDITIONING (RC)</p> <p>1PM: SING ALONG (PVL) Join in on the singing fun. All Beatitudes Residents are invited.</p> <p>2PM: PILATES (RC)</p> <p>2:30PM: YOGA FOR YOU (RC)</p> <p>2:30PM: WINE & CHEESE SOCIAL (PVL) Join us for some spirits (& sparkling cider), cheese, fruit & live entertainment.</p> <p>3PM: AA OPEN MEETING (HCC3) Weekly meeting open to all.</p> <p>4PM: ON THE ROCKS HAPPY HOUR (PC)</p>	<p>6:30AM: WALKING GROUP (CM) Join us for a daily refreshing morning walk! The resident led gathering meets 6 days a week just outside of the Bistro.</p> <p>7:30AM: BACKSTREET BOUTIQUE SALE (TS) Clothing and shoes 75% off; storewide 25% off We now accept credit cards. Call x18463 for transportation or to schedule donation pickup. Open 7:30 - noon Tu & Fri.</p> <p>8AM: UNIQUE LAB SERVICES (WC) Call 480-765-2677 to register in advance.</p> <p>9AM: L1 MORNING MOTIONS (PVL) All Residents Welcome</p> <p>10AM: CHEN STYLE TAIJI PRACTICAL METHOD FORM WITH ALBERT (RC)</p> <p>10AM: SHOPPING SPECTRUM MALL (OC) Please call in your reservations to X12905, 5 person minimum.</p> <p>10:30AM: SKETCH TOGETHER (AG5)</p> <p>11AM: COMPETITIVE TABLE TENNIS (RC)</p> <p>11:45AM: LEVEL 2 STRENGTH & BALANCE WITH MIKE (PVL)</p> <p>12PM: GROOVYTEK (LIB) Monday - Friday 12:00p - 5:00p</p> <p>1PM: SCIENCE AND SPIRITUALITY (AC) Contact Mark Pelkey at 15586 for details.</p> <p>1:15PM: SYMPHONIC MUSIC WITH BRUCE PULK (PC) Join us for an hour of listening and learning about Symphonic Music. This week a look at an American composer's first symphony: Samuel Barber.</p> <p>2PM: BINGO! (PVL) Everyone is welcome! .30 cents a card - 4 card limit</p> <p>2PM: DARTS (RC) Join us in a few games! If you need additional information call Donna Ellis at x15564.</p> <p>4PM: ON THE ROCKS HAPPY HOUR (PC) Join Bill, Robert, and The Purple Gang as they entertain you with music from the '50s through the '90s. Tues, Thu & Fri.</p>	<p>6:30AM: WALKING GROUP (CM) Join us for a daily refreshing morning walk! The resident led gathering meets 6 days a week just outside of the Bistro.</p> <p>9AM: SIT & BE FIT (RC)</p> <p>10AM: BINGO WITH TED (PVL) Join us for this game of chance. Free - Limit 2 cards</p> <p>10:30AM: FILM DISCUSSION GROUP (PC) We will watch A FILM with discussion and analysis immediately following the movie. Contact Jack Evans at x18153 for details.</p> <p>12PM: EARLY ONSET CAREPARTNER SUPPORT GROUP (BR) Alzheimer's Association Desert Southwest presents a monthly care partner support group specifically developed for loved ones on and off campus of those with younger onset (65 years and under) dementia. Contact Tena Alonzo at 16182 with questions.</p> <p>1PM: RESIDENT VS ROBOT TABLE TENNIS (RC) Come test your reflexes and take on the Table Tennis Robot! All skill levels welcome!</p> <p>2PM: REPUBLICANS GROUP MEETING (AGR) **JULY IS CELEBRATE U.S. VETERANS & PATRIOTS MONTH** Luke Perez, Air National Guard Veteran Assn't Prof. ASU School of Civic & Economic Thought Joe Foss Institute and Joshua Ortega, Army Medic, Veteran District 5 Republican Candidate AZ State Senate Questions: Jeri Cornwell CPW 2283 landline ext 18568 cell/text: 313 268 6785 email: jeri.cornwell@gmail.com</p> <p>4PM: HAPPY HOUR MUSIC (PB) Join us every Saturday in the Bistro for musical entertainment by Igor and friends! Everyone welcome!</p>

WEEKLY AGENDA: JULY 14 - 20

LEGEND KEY:

(BC) Entire Campus	(CG) Community Garden	Parking
(AC) Admin. Conf. Room	(CM) Central Park Mall	(LC) Life Center
(AG#) Agelink Room #	(CPW3) Central Park West 3rd Floor	(OC) Off Campus
(AGR) Agelink Great Room	(EF) Elaine's Fine Dining	(PB) Plaza Bistro
(TS) Backstreet Boutique	(EP) Elaine's Patio	(PC) Plaza Club
(BR) Boardrooms	(FC) Fitness Center	(PVL) Plaza View Lounge
(BG) Buckwald's Arizona Grille	(FL) Fireside Lobby	(PL) Pool
(TV2) Channel 1-2	(GS) Gift Shop	(RC) Recreation Center
	(LB) Library	(RG) Rose Garden
	(LOT) Large Fountain	(WC) Wellness Center



July is Disability Pride Month





JULY 14—21 • 2024

A Weekly Overview of Dining Specials

TOWN PLAZA BISTRO

Breakfast: Sun 7a-11:30a Mon-Sat 7a-10:30a
Lunch/Dinner: Sun 11:30a-7p Mon-Sat 10:30a-7p
Contact Us: (602)-336-2908

WEEKLY SPECIALS

MONDAY 15

TUESDAY 16

WEDNESDAY 17

Compote:
Mixed Berry (55c)
Breakfast Special:
Eggs Benedict (550c)
B-Creative Station:
Taco Bar (690c)

Soup: Florentine
Minestrone (159c/210c)
Entrée: Veal Cutlet with
Mashed Potatoes &
Mushroom Gravy (592c)

Soup: Greek Chicken
(159c/210c)
Entrée: Teriyaki Chicken
with Jasmine Rice (784c)

Soup: Chile-Lime Tortilla
Shrimp (211c/282c)
Entrée: Ham Steak with
Grilled Pineapple &
Scalloped Potatoes
(501c)

THURSDAY 18

FRIDAY 19

SATURDAY 20

SUNDAY 21

Soup: Turkey Rice
(156c/208c)
Entrée: Cod Filet with Dill
Sauce & Lemon Parsley
Potatoes (744c)

Soup: Manhattan Clam
Chowder (100c/150c)
Entrée: Beef Goulash over
Egg Noodles (724c)

Soup: Vegetable Rice
(147c/196c)
Entrée: Smothered
Pork Chops & Mashed
Potatoes (502c)

Soup: Lemon Chicken Orzo
(107c/142c)
Entrée: Sweet & Sour
Chicken with White Rice
(639c)



THURSDAY & FRIDAY

4:00p-7:00p

Reservations begin at 9:00 a.m. on Sunday by
calling x12908 or by coming into the Bistro

THURS 18 & FRI 19

Soup: Turkey & White Bean (780c)
Turkey Soup with Cannellini Beans,
Escarole, Onion, Garlic, Ditalini & Croutons

Entrée: Seared Scallops (420c)
Jumbo Scallops with Grape-Mint Jelly 18.99

BUCKWALD'S ARIZONA GRILLE

WEDNESDAY - SATURDAY

4:00p-7:00p

Reservations/Pick-up/Delivery \$4.00
Call x16130

WEDNESDAY 17

THURSDAY 18

FRIDAY 19

SATURDAY 20

Soup: Chicken Orzo
(198c/297c)
Entrée: Sweet & Sour Pork
with White Rice (415c)

Soup: Curry Butternut
Squash (262c/393c)
Entrée: Creamy Spinach
& Cheese Green Chile
Enchiladas (415c)

Soup: White Bean
(202c/303c)
Entrée: Creamy Chicken &
Spinach (415c)

Soup: Roasted Red Pepper
Bisque
(297c/445c)
Entrée: Chili con Carne
(360c)

The Summer Heat is Here



PROTECT YOUR DOG IN THIS HEAT

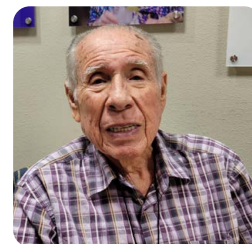
7 SECOND RULE
PLACE YOUR HAND
ON GROUND
FOR 7 SECS
TOO HOT FOR YOU
TOO HOT FOR THEM

BE CAREFUL WALKING DOGS

AIR TEMP	CONCRETE	ASPHALT
78°	95°	114°
85°	105°	130°
91°	125°	140°



Welcome to the neighborhood



Ralph Pinedo
PN 145



Patricia Espinosa
PN 458



Bob & Connie Bailes
PH 1216



Announcement

Nail services are now offered every Tuesday and Thursday

Michele is a Nail Specialist of 35 years and Certified Master Pedicurist. She offers advanced services to ensure your feet are in safe hands and give your feet the care they truly deserve!

Call and Book Your Appointment Today!

(602) 433-6193

(480) 203-3105 After Hours

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PS

SALON & SPA



Michele White, CMP

We've Sure Been to Some Fun Places in the Past Few Months!

Cindi Aune, Life Enrichment Specialist

In March we walked the nature trails at Rio Salado Audubon Center, and fed the fish at the Japanese Friendship Garden in Downtown Phoenix. We rode a train, had lunch and walked through the Phoenix Zoo at a great nonprofit discount price. In April we visited the Desert Botanical Gardens on "free day", the saguaro cactus flowers were in bloom and they were gorgeous. We were moved and deeply affected by the interactive Holocaust exhibit at the Cutler Plotkin Jewish Heritage Center. Their guides were so informed. We finished the month with lunch at Dillons and a cruise of Lake Pleasant where we had the pleasure of seeing the wild burros at the edge of the lake. May was so full of fun, Lunchtime Theater to watch "Two Old Broads". Rock Springs Café for lunch and yummy Pie. The Musical Instrument Museum for a guided tour by Docent Chris O'Brien whose brother Thomas is a Beatitudes resident and to wrap it up we went to the Butterfly Museum where the butterflies were enchanting and knew exactly which sweet lady to land on. June brought us two outstanding outings, a tour and candy bar making at the Arizona landmark Cerretas Candy Company and a "sold out" tour of KBAQ radio Station and lunch at the Rio Salado Café. Did you attend any of these outings? If you didn't would you like to attend in the Fall? Or do you have a suggestion for an outing we can schedule in the coming months? Please attend our Life Enrichment planning meetings the first Thursday of every month at 10:15 a.m. in the Administration Conference room, or call me to let me know what you want to do and where you want to go. Cindi XT 1847



What's in the Community Garden? Okra! Okra! Okra!



Okra, also referred to "lady's finger", that is technically a fruit, has an edible seed pod that comes in green and red varieties. Okra originated from East Africa in Ethiopia, Eritrea, and eastern Sudan. From there the plant was found around the Mediterranean and eastward. The plant was introduced to the Americas by the Atlantic slave trade and had become commonly found throughout the Southern United States by 1800. Okra is a common vegetable associated with Southern American cuisine, such as gumbos, but can be eaten fresh in salads.



Okra boasts five big benefits that is worthy of a spot on your dinner plate!

1. Okra is low in calories, carbohydrates, and sodium, but provides a significant amount of Vit K, Vit C, B Vitamins, Magnesium, Calcium, and Fiber.
2. Having okra as a regular part of diet may help improve cholesterol levels. Okra is also packed with antioxidants, which can help inflammation.
3. Okra may help manage blood sugars with high fiber and low sugar content.
4. Fiber that okra provides is a prebiotic called pectin that helps feed the good bacteria in the gut, which could mean less inflammation and tummy concerns.
5. One half cup of cooked okra provides about 27% of your daily Vit K and 6% of your daily calcium, all which can aid in helping build strong bones.



Beatitudes in Action

Daily Actions Bringing Our Values to Life

Our Highlighted Action of the Week:

Live with Integrity:

- **Demonstrate an unwavering commitment to doing the right thing in every action you take and in every decision, you make, especially when no one's looking.**
- **If you make a mistake, own up to it, apologize, and make it right.**
 - **Speak up for what is right, especially when it feels difficult.**
- **Be honest about your work and align your words with your actions.**



Accountability Actions

Bringing Our Values to Life

We Remember



Sharon Dunn
August 12, 1935 —
July 9, 2024
Central Park South



Audrey Epstein
August 6, 1929 —
July 9, 2024
Plaza View



Charlotte Carpenter
June 14, 1932 —
July 12, 2024
Central Park South

Uniguest
community

BEATITUDES CAMPUS MISSION STATEMENT

*Inspiring purpose and
vibrancy in life's journey.
Live Brightly, Age Boldly.*

VISION STATEMENT

*To foster an innovative
community where people
meet purpose and aging is
transformed.*

**LIVE BRIGHTLY,
AGE BOLDLY.**

**PRAYER REQUESTS,
X15186
DIAL-A-PRAYER,
X15187**

A publication from
BEATITUDES CAMPUS
1610 W Glendale Ave
Phoenix, AZ 85021
602.995.2611

Content Submissions:
www.bcampus.org/rr

Beatitudes Campus is a
Life Plan Community and
a not-for-profit ministry
founded by Church of the
Beatitudes

And Now an Article About Politics—continued

to position ourselves as a Bold and Bright community – a senior living community like no other. The images, colors, emotions, and movement used in our ads helps us to communicate our brand. The consistent and recurring messages we use across our campaign elements help us to continually build our brand recognition and name recall.

Love them or hate them, some of the

political signs are really well done, and others, in my humble opinion, are not done well at all. I've always wanted to set up a specialty blog where I might regale readers as I opine (tongue in cheek of course) on the sign of the week. Maybe I'll try it this year – or maybe I'll critique a few in my next article.

Welcome at Beatitudes at Home—continued

tedious day-to-day activities and/or worries so you can have a renewed sense of freedom and joy. Join us in embracing the beauty of home with our exceptional care solutions. Let's make every moment count!



CALL US AT (602) 544-8529 **OR** (602) 544-8527 for more information about our services and pricing. Our office hours are from Monday-Friday from 8a.m. – 5p.m. You can also visit us in person located in the Plaza View building.

The Importance of Not Feeding Pigeons & Feral Cats

To ensure we can all enjoy our beautiful Campus, please do not put food out for the feral cats or pigeons. The cats that wander around Campus are feral and should not be fed close to areas where domestic pets live. In fact, the feral cats are fed in specific locations around Campus, designed to keep them healthy while managing the population. Feeding the pigeons causes them to congregate in areas where we do not want them. Feeding the birds and cats might seem harmless, but it can lead to overpopulation, spread of disease, and makes a mess on walkways and balconies. Let's respect their natural diet and habitat to maintain a healthy balance in our community.

If our team members come across cat or pigeon food in common areas, they will pick it up and dispose of it (including any containers). If you have a pet, please ensure you feed them in a protected area that will not invite pigeons or feral cats to partake (ideally, feed your pets inside your home).

Together, we can preserve a harmonious environment for all.



DECODING DECISION-MAKING FOR PEOPLE LIVING WITH DEMENTIA

In-person: Thursday, July 18th
4:30 – 5:30 PM Everett Luther Life Center

Online: Tuesday, July 23rd
5:00 – 6:00 PM



For additional information please contact Tena Alonzo at 602 433-6182 or talonzo@beatitudescampus.org